



Surrey & North East Hampshire
Breast Screening Service

What if I require assistance or information in another format or language?

We offer a number of services for people who have disabilities plus can provide information in other formats or languages. If you need any such help, please contact the Breast Screening Unit for assistance and guidance on:

0333 200 2062

Should you have any queries before attending your appointment please feel free to contact the Specialist Nursing Team on 01483 307916.
Monday – Friday, 9am – 5pm (excluding Bank Holidays)

For further information please visit:
www.breast-screening.surrey.nhs.uk

Surrey & North East Hampshire Breast Screening Service, Jarvis Breast Screening Centre, Stoughton Road, Guildford GU1 1LJ



About InHealth

InHealth is the UK's largest provider of high quality diagnostic and healthcare services for both the NHS and independent healthcare providers and is proud to be responsible for delivering the NHS Breast Screening Service.

Our vision is to make healthcare and diagnostics better for patients, delivering excellence in everything we do.

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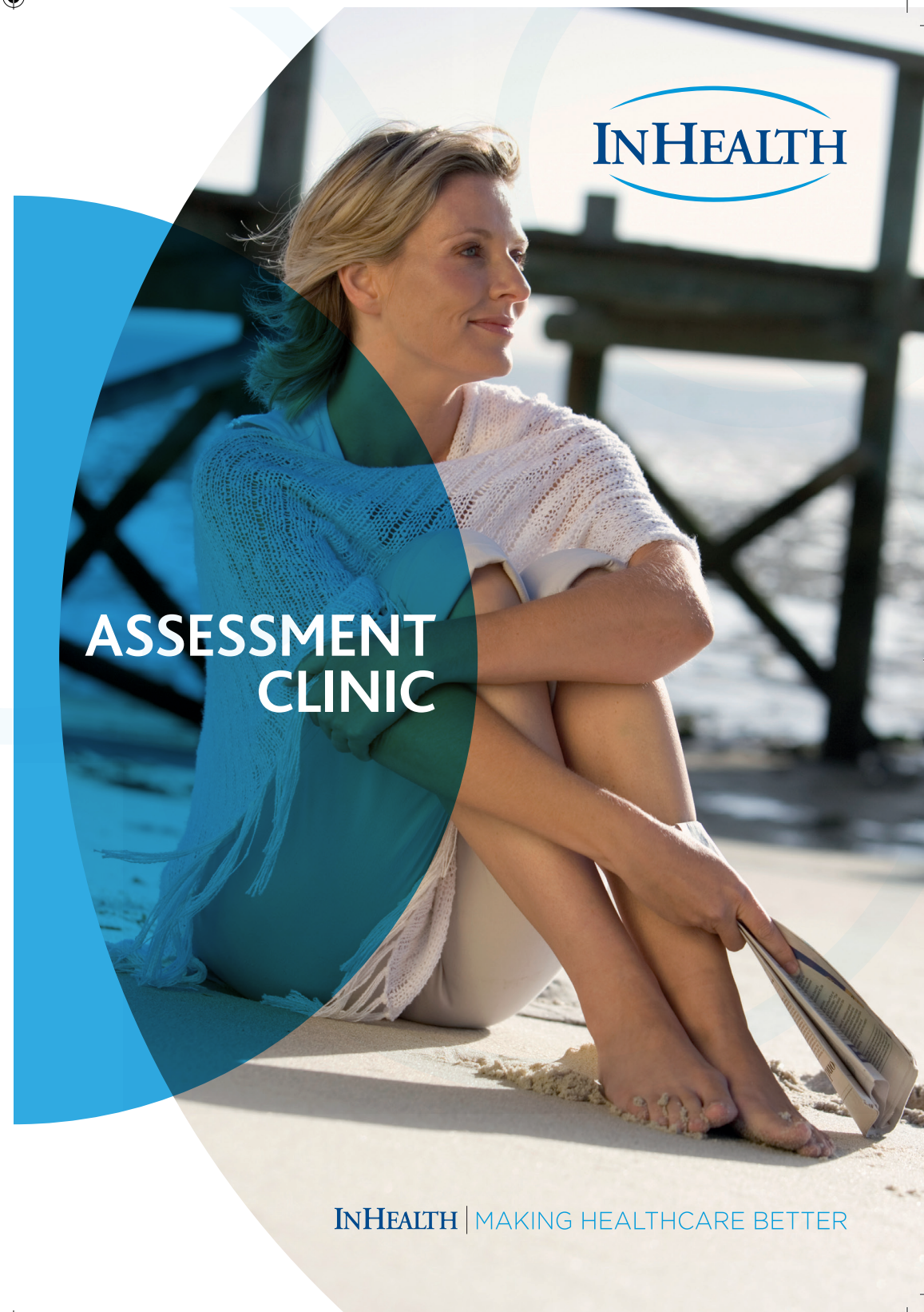


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ASSESSMENT CLINIC



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How long will I be at the clinic?

We suggest that you allow 2-3 hours for your appointment, although it may not take this long, and that you wear a top that is easy to take off and put on.

Please note – car parking is free, but spaces are limited, at busy times you may need to park on the main road outside.

Complimentary tea, coffee and biscuits are available at the clinic while you wait for your appointment.

What will happen at the clinic?

At the clinic we will carry out a “triple assessment” which includes:

1 IMAGING

You may have a mammography (X-Ray) of one or both breasts.

Ultrasound is another way of imaging your breasts which uses sound waves to produce an image of the breast tissue. The doctor or specialist will put gel onto the breast and pass a smooth probe over the skin to give an instant picture on a television screen. This is a painless procedure taking only a few minutes.



2 CLINICAL EXAMINATION

This is performed by one of our doctors or specialists and involves looking at and feeling the breast tissue - both sitting up and lying down. It may also involve checking the lymph glands in the armpit.

3 BIOPSY

If we find a lump or abnormality we may take a tissue sample of the area. This is known as a Fine Needle Aspiration (FNA) or Core Biopsy. The Doctor will use a needle to collect cells or fluid from an area in your breast which may be sent to the laboratory for testing. Should this happen you will be given a further appointment to receive the test results.

When will I receive my results?

You will receive most of your test results on the day of your appointment, however some results may take longer. Biopsy results can take up to 14 days and you will be given an appointment to return or will be asked to call the clinic for these.

For most women, tests reveal nothing more than an innocent breast condition, however should you require any further appointments our doctors or specialist nurses will explain your results and any further treatment or follow up that is required. You will also be provided with a contact number should you have any further questions following your visit.

Written information on common conditions is available - simply ask your nurse or specialist for a copy.

Can I bring someone with me?

Yes - you are welcome to bring someone along to your appointment for support. Sometimes our staff may also request to have someone present, however if you are not comfortable with that person, you can reschedule your appointment for a later date. Wherever possible, please do not bring small children with you to your appointment and we would appreciate if arrangements could be made for school children to be collected.

