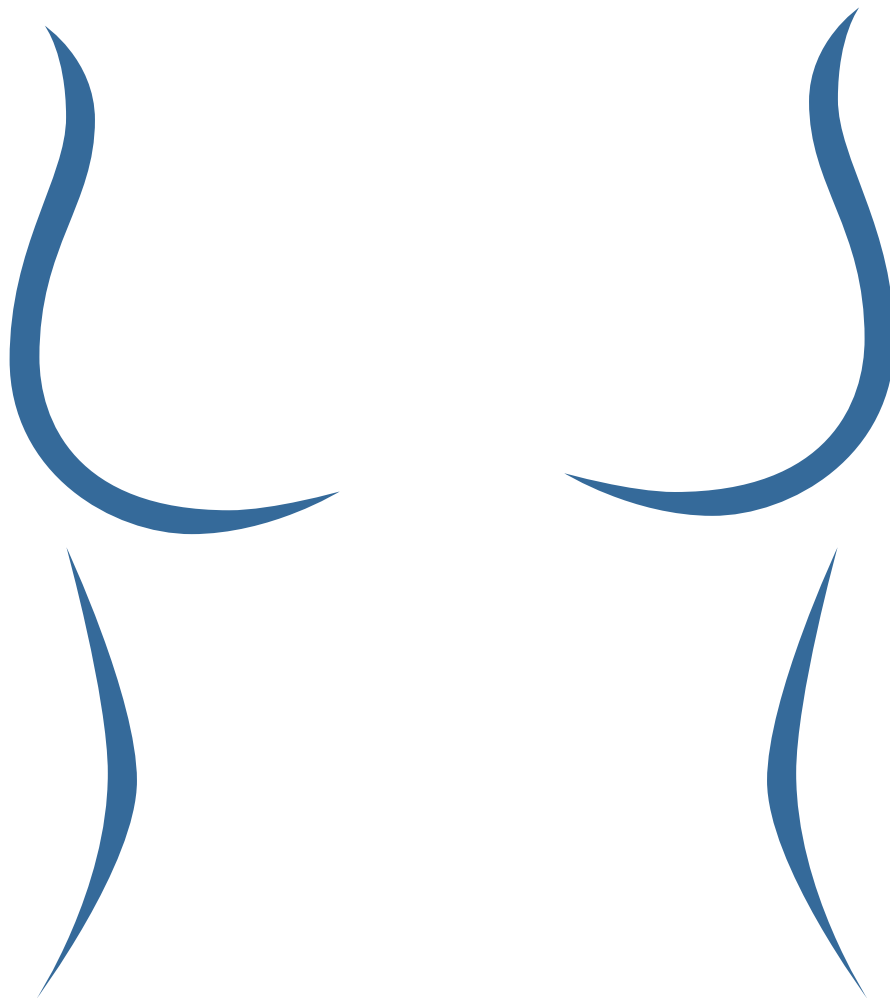


Breast Screening  
at a mobile unit in Surrey

# 11 Easy Steps



Phone: 0333 200 2062  
[www.breast-screening.surrey.nhs.uk](http://www.breast-screening.surrey.nhs.uk)

## STEP 1

A letter arrives inviting you to come for breast screening.

You read your letter with a carer or someone you can trust or call us on Tel: 0333 200 2062 (9am - 5pm, Monday - Friday If you have any questions).



## STEP 2

You can choose if you want to have a breast screening x-ray or not.



Yes



No

### What is an x-ray?

The scan is an x-ray of your breast it can tell us if your breasts are healthy, most women's breasts are healthy.

You can call us and ask to come for a visit with someone you trust before you decide if you want to come for an x-ray.

## STEP 3

Arrive at the Mobile Unit



## STEP 4

You must walk up steps to a mobile unit. If you cannot do this please call: [0333 200 2062](tel:03332002062)

We will invite you to the Jarvis Centre



## STEP 5

Go up the steps, go through the door.



## STEP 6

You will be in reception, please ask any questions here.



## STEP 7

Hand your appointment letter to the receptionist and make sure your details are correct. Your Carer can help you with this. You can sit down and wait.



## STEP 8

You will be called into the screening room.



## STEP 9

You will have your x-ray. Please ask questions if you are unsure about anything.



# What do you need to do at the scan?

1 We will talk to you about what is going to happen and make sure you are happy to have a x-ray.



2 We will ask you to take your top and bra off. It would be good idea to wear a skirt or trousers. No dresses.

- We will ask you if you are happy to take your clothes off.



3 A radiographer, the person doing the x-ray will have pictures to show you what will happen.

- We will ask you if you are happy to have an x-ray.





**4** You must stand still for a few minutes and your breast will feel pressure which may feel uncomfortable for a little while.

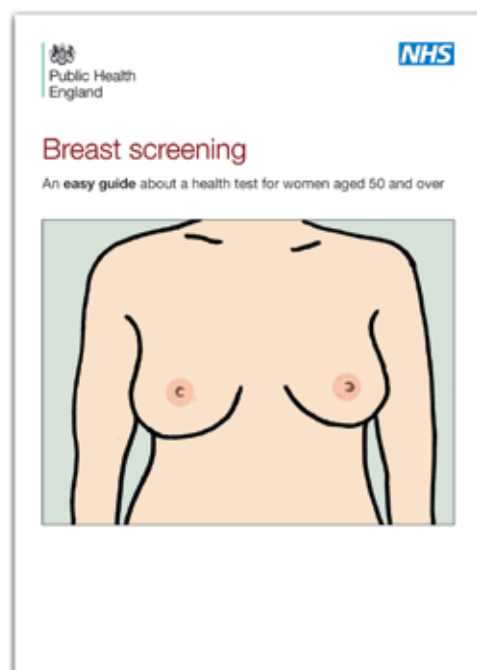
Both your breasts will be x-rayed.



**5** We will ask if you are happy to carry on with the x-ray as we x-ray each breast twice.



**6** You can find out more about having an x-ray in the booklet in this pack.



## While you are waiting?

Do you have a question?

Please ask questions at reception before you leave if you are not sure.



Please be aware there are no toilet facilities within the Mobile Unit. Please ask a member of staff for the nearest facilities.



## STEP 10

Afterwards the Radiographer will check that they have a good x-ray.



## STEP 11

Get dressed in a dressing room. Put your top and bra back on before you leave the room. You can then go home but please ask if you have any questions.



## Afterwards

We will post your results within 2 weeks.

